

Activities & Civic Service Event

Do a Good Turn Daily

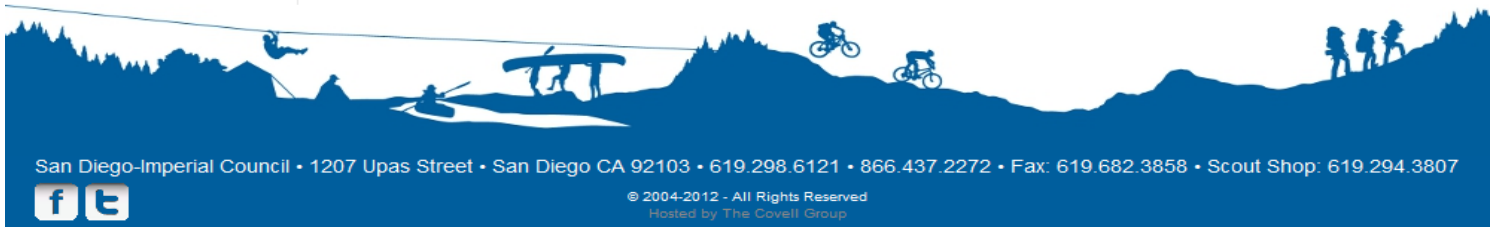


Activity Title:	Community Service at ActivCare Residential Center
Who should attend:	Scouts of any age with leaders and parents
Date(s) of event:	On-going opportunity – call to schedule
Time:	Call to schedule
Location w/address:	10603 Rancho Bernardo Rd, San Diego Ca 92127
Cost:	No cost
Registration:	Contact the center directly to volunteer

Specific details:
(training pre-requisites,
uniform of the day if any,
equipment required, etc.)

- Great opportunity to earn service hours for scouts of all ages; Scouts must be accompanied by adults
- One visit or multiple on-going visits are welcome
- **Purpose:** to encourage intergenerational activities for the elderly residents who may be in good physical condition but suffer from various stages of memory loss. Individual scouts, dens or units could join with them in activities such as crafts, helping them compete in their onsite putting green or "bowling" game, playing board games or bingo together, etc. Other possible activities could include caroling or trick or treating, staging a pinewood derby in their Great Room or even conducting a regular den or unit meeting in the facility with the residents as guest participants in skits and rousing scout songs. Preparing Father's Day/Mother's Day cards, Valentine's Day cards or other holiday cards and delivering them for a chat with the residents could provide a simple connection. Be creative! Call TODAY!

Sponsor:	ActiveCare at 4S Ranch
Contact person:	Denise Notter
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Phone:	(858) 485-8001
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ActivCare

4S Ranch

Residential Memory Care

10603 Rancho Bernardo Rd, San Diego, Ca 92127

(858) 485-8001 • activcareliving.com

ActivCare at 4S Ranch is a specialized senior living community that serves the changing needs of those with memory loss by offering three compassionate levels of memory care. ActivCare at 4S Ranch offers 60 accommodations and includes:

- Engaging activity programs specially designed for those with memory loss
- Specially trained caregivers assist residents from early to end stages of dementia
- Licensed nursing staff scheduled 24 hours a day/seven days a week
- RN case management and physician services on-site

Volunteer services are quite varied and can be tailored to individual interests, talents and preferences. These include, among others:

- Friendly visits one on one with our residents.
- Talent sharing (music, crafts and gardening).
- Reading and assistance with letter-writing.
- Assistance with decorating.
- Program Presentations (travel shows, book reviews).
- Special Events and Celebrations.

The common, essential ingredient successful volunteers have in common is a personal commitment to serving others.

To become a volunteer you must:

- Attend a volunteer training arranged by our Program Director
- Complete a Volunteer Application
- Pre-arrange your schedule with our Program Director

If you are under 14 years old, we require that you volunteer with your responsible parent or guardian. Friends or classmates may volunteer together, if pre-approved by the Program Director.